

I have been a victim of so called safe wireless from the utility being exposed continuously causing our bodies to get sensitive to electric and wireless. This is going to become an epidemic of such a huge medical issue in the years to come. I have been very concerned about the long term of citizens and especially in the end the health care and how it can handle this medical issue when none of the medical Doctors are trained on how to diagnose and deal with this illness.

I have a friend in Alaska that was sensitive to the 4G and had to use shielding paint and a Faraday canopy over her bed. She felt fine. Five weeks back there utility installed the 5G transmitter near her home. All that shielding will not stop that frequency from coming into her home. The lady is seventy eight years old and now each night she leaves her home drives to a campground and sleeps in her car.

I have a lot of connections all around North America many folks are getting ill from this Frequency.

I attached a letter or more that I have written to the newspaper this concerns a transmitter sending out 900 MG. Which according to the FCC is way below the allowable limit. I also forwarded a map of the results. I'm a landlord and was in touch with all. My question to the Council would be in a residential area how would anyone collect this data about who has issues?

The map is showing the sick and the ones that died January 2020 the transmitter was removed and no others sick or died.

As to the attached newspaper article, I lived most of what is written. This was sent to the Premier of Saskatchewan and I was thanked.

The final two newspaper articles are about the smart meters I wrote about the health effects on the public some can stand that and some get very ill.

Then SaskPower responded this is industry and they painted a favorable picture which is not reality at all.

The final attachment is from a farmer within three weeks he was very ill and his wife had no symptoms The smart meter was removed and recovered this article was forwarded to the energy minister.

I have seen the decline of the bees and when the transmitters start up all the songbirds stop. I have seen family pets suffer etc.

Kenneth Mack, Langenburg

Information about hazards of smart meters

To the Editor:

As many are aware, SaskPower wants to install smart meters on every home and business in Saskatchewan. The system will all be wireless.

The smart meter consists of two or three "signal blasters." The collector has three. There is the zigby that gathers all the information from anyone's home. It pulses 70,000 times a second and makes the 60 hertz sine wave to grow fuzzy. Then there's the switch mode power supply which puts harmonics and transients on the home power line. Anyone sitting within six feet of any wire will be exposed.

I have been exposed to

the smart grid and the smart meters. First at my home in Tennessee (now unliveable). Many people died or fell ill with no quality of life since this installation was made.

Through my experiences and research I've seen that after a smart meter gets installed on your home, it doesn't matter how rich you are, how good looking you are, what kind of car you drive, who your friends are, etc., etc., quality of life will diminish.

Let's get into the utility side discussing all the benefits to you as a customer.

Among the benefits smart meters offer is the ability for the meter to send regular readings to your utility company. This

statement can sound okay but in California where a court order forced the utility to state how many times its meter sends low level microwave pulsed R f, each individual meter was around 8,800 micro bursts in 24 hours. Now this system works in a mass network in which each meter communicates with all the others in a two-mile area. So now the microwave low level pulsed R f has been adjusted to about 190,000 to 240,000 pulses in 24 hours.

Prior to this information coming forward the utility stated it was calling for this information only four times a day

To inform the readers

further, there are variable smart meters with two F R blasters. And then there's the deadly collector smart meter with three R F blasters.

A DTE employee in Michigan reportedly stated that one in every 17 or so homes or office buildings is the collection point for all the meter transmissions in any area. He reportedly said that anyone who has a collecting meter on their home is going to encounter serious health issues.

Our own experiences in Tennessee...

My wife's sister and brother lived in the family home which, unfortunately, got a smart meter with a collector. Shortly

after it was installed they both started experiencing unusual health issues. My wife's sister, at age 71, fell over dead in the home November 17, 2017 and her brother died at the age of 63, July 27, 2018. His heart capacity was reduced to 10 percent.

I continuously suggested to them to get rid of that smart meter with collector but my brother-in-law wanted to prove me wrong. Four days before he passed away he said, "This is going to happen big time."

Another utility sales statement is that smart meters provide you with information about your energy usage which empowers you to make deci-

sions about reducing your energy consumption.

Those with smart meters have complained about how much higher their utility bill is with the new smart meter.

In our utility district in Tennessee, where people were allowed to opt out of having a smart meter, many who did reported that by going from a smart meter back to the old and true analog meter their utility bill was lowered by an average of 33 percent.

Let's look at some of the health effects. First and foremost, heart EKG research shows whenever the meter sends a pulse, it affects the heartbeat, creating a heart palpation.

Please turn to page 5.

THE FOUR-TOWN JOURNAL LTD.

The Four-Town Journal is a weekly community newspaper published every Wednesday by The Four-Town Journal Ltd.. News and advertising content of this newspaper is fully protected by Canadian copyright laws. The publisher's responsibility for errors in advertisements will be limited to the space occupied. The Four-Town Journal will not be responsible for more than one incorrect insertion. The Four-Town Journal will not be responsible for manuscripts, photographs, negatives or other materials mailed to or left with the company. Funded by the Government of Canada.

The Four-Town Journal

Box 68, Langenburg, Sask. S0A 2A0

PH: 306-743-2617 / FAX: 306-743-2299

Box 399, Churchbridge, Sask. S0A 0M0

PH / FAX: 306-896-2342

Email: fourtown@sasktel.net

A Proud Member of Canada's Community Newspaper Industry

Canada



Bill Johnston: Editor/Publisher

Langenburg Office: Lynda Johnston

Churchbridge Office: Lynda Johnston

Smart meters, Cont'd. from page 4.

Glucose levels when exposed skyrocket. The less exposure the levels fall to safe levels. Sleepiness, lack of concentration, feeling hot burning sensations.

People wind up trying to find safe places in their home to rest or spend thousands of dollars purchasing R F shielding materials.

You can try to shield that smart meter but then the utility may come by and tell you that you have to take that stuff off the meter or they will cut you off.

The World Health Organization has reported that nine out of ten people have health effects or go sensitive

after smart meters are installed, but don't know why.

Go to YouTube (Warren Woodward EKG), plus watch the video on how the smart meter puts harmonics and transients on the home wiring, which radiates out of the wires into the living space at an R F that could possibly cause cancer.

This information comes from my own experiences, investigated by many experts in the U.S. and Canada. I'd hate to tell you the amount of money we've spent on the smart grid to protect our bodies and the people who live in our community.

Ken Mack,
Langenburg

SHOP LOCAL. SAVE LOCAL

Support the local businesses that keep your community and its newspapers thriving.

ADVERTISE  LOCAL Canada

Letter to the Editor

Disclaimer - Recently the Four-Town Journal has received feedback regarding the opinions of those submitting a Letter to the Editor. It is important to add as a disclaimer that this is the opinion of the author who submitted their opinion and is not necessarily the opinion of the newspaper. It is recommended that anyone with a contrary view send a rebuttal opinion if they do not agree with what is stated in any Letter to the Editor

The first thing you hear at the SaskPower call center is that they are suggesting you get this new Smart Meter installed as soon as possible. Let me go through the words to the song by George Jones (Choices) After contacting Health Canada, for the third time and receiving the information about the safety of the Smart Meter. The first response I received was the information pertaining to articles and graphs that were absurd. The first question consisted of sending the information from the peer reviewed health studies, that Smart Meter causes no health effects. The second inquiry was in regards to my Sister-in-law passing due to being ill from the Smart Meter collector. The third letter Health Canada responded to my question, Please refer to the peer-reviewed study that proves Smart Meters are safe and cause no known health effects. Health Canada wrote and advised me two issues that may occur:

- Heating of a person's tissue
- Tingling feeling in your body

Biological effects that result from heating of tissue by RF energy are often referred to as "thermal" effects. It has been known for many years that exposure to very high levels of RF radiation can be harmful due to the ability of RF energy to heat biological tissue rapidly.

If these do not occur the Smart Meter is safe. Before I go into health details about the public or customers, Sask Power <https://www.saskpower.com/>, 1500 Sask Power employees already have the

smart meters installed. After researching, these meters have not been active. That is what is called the Mesh network. They were calling for information about every fifteen minutes. When this network starts up every fifteen seconds, these meters start to communicate with all the other meters. This is when the issues with health will start.

Now, let's start with the public and what was experienced after the installation of the Smart Meters: Neurological: headaches, dizziness, nausea, difficulty concentrating, memory loss, irritability, depression, anxiety, insomnia, fatigue, weakness, tremors, muscle spasms, numbness, tingling, altered reflexes, muscle pain and joint pain, leg pain or foot pain, flu like symptoms, fever. More severe: reactions can include seizures, paralysis, psychosis and stroke.

Cardiac: palpitations, arrhythmias, pain in the chest or pressure in the chest, low blood pressure or high blood pressure, slow or fast heart rate, shortness of breath.

Dermatology: skin rash, itching, burning, facial flushing. Respiratory: sinusitis, bronchitis, pneumonia, asthma. Ophthalmologic: pain in the eyes or burning in the eyes, pressure in the eyes behind the eyes, deteriorating vision floaters, cataracts Other

: digestive problems, abdominal pain, enlarged thyroid, testicular pain, ovarian pain, dryness of lips, dryness of tongue, dryness of mouth, dryness of eyes, great thirst, dehydration nose bleeds, internal bleeding altered sugar, immune abnormality, redistribution of metals within the body, hair loss, pain in the teeth, deteriorating fillings, impaired sense of smell, ringing in the ears.

Listing all the symptoms that people can have or have experienced, Myself included, my wife and family. We had to leave our Tennessee home in March of 2012 and have not lived in it since that time, due to the fact it's called the SMART GRID.

On our property, which is around One hundred acres, fifty families have become our tenants. Eight men and Four women have devastatingly lost their lives after the installation of The Smart Grid. The pulsed R F causes issues with the heart beats and when cancer shows up, it may not be the cause but it accelerates the growth very rapidly.

We had an opportunity to OPT Out, at a monthly additional cost to all tenant utility bills and removed all Smart meters, Smart Grid. Since doing so, no fatalities have been reported and one else is sick from the radiation.

Since becoming very familiar with what this radiation does to all living beings. Humans are the only ones that can communicate. I have helped many to advise and assist in discovering the reasons why they started to feel sick, and helped in getting the installed Smart Meters removed.

In closing, some may already have a Smart Meter installed with no issues. Sask Power has not yet activated the mesh network. When health issues start to arise due to the power of radiation emissions, calling Sask Power they will advise you that the meter has been installed for a long period and since you never had any prior issues, they shift the blame to something else.

Ken Mack, Langenburg, SK
(306) 243-5523

blanket
classifieds

Letter to the Editor From SaskPower

To the Editor:

I'm writing in response to a letter to the editor published in the May 13, 2021 edition of the Four-Town Journal. In this letter, the author expressed concerns about what he believes to be negative health effects caused by smart meters.

Smart meters are devices used by utility companies to accurately measure a customer's usage of electricity, water, or natural gas. The devices transmit data to the company via radiofrequency electromagnetic fields (EMF), like those used by cell phones. Gathering data in this manner has many benefits, including eliminating the need for estimated bills.

Health Canada says that exposure to radio frequency emissions from smart meters do not pose a public health risk. The signal transmits from a meter to the network for a total of 0.04 seconds a

day. Tests have proven that radio frequency emissions from our smart meters are lower than many common household devices, including Wi-Fi signals, laptop computers or cellphones, or even garage door openers or remote car starters.

SaskPower has deployed thousands of smart meters within Saskatchewan already, with no adverse effects. Most utility meters in Canada, including electrical meters, are smart meters, and they have been operating safely for years.

I encourage readers to visit <https://www.saskpower.com/smartgrid> to learn more about smart meters and SaskPower's efforts to build a modern power grid.

Sincerely,
Shawn Schmidt
Vice-President, Distribution & Customer Services
SaskPower

Recycling Issues are Widespread

Recently the Canora Courier published an article titled Unacceptable Items in the Recycling Bin Increasing Costs for Canora. Unfortunately, Canora is not the only municipality with increased charges for the recycling service.

Attending an average of 4 meetings per week, this reporter hears notes from at least three councils a week for the last fifteen months discussing the contamination fees they need to pay during the Accounts payable part of their meetings.

These fees start at around \$37.50 extra a month and have been as high as \$800 in one month; average rate

One town which has a monthly recycling collection has not had any recycling fees and has a great working relationship with OSS.

Some towns have enquired to Ottenbreit Sanitation Services (OSS) as to what is contaminating the recycling in the hopes to better educate their ratepayers and have not been happy with the vague and sometimes no responses.

"It seems the only time we hear from them (OSS) is when we don't pay the fees," commented one CAO.

While some towns feel they need to educate their ratepayers, others feel they have educated them the best

contaminated recycling. The question is, why not identify who is contaminating the recycling and address the situation once and for all rather than collecting fees with no real plan to stop the contamination?

How many times does a ratepayer have to stand by their garbage and recycling bins and question, is this garbage or recycling? How many contamination fees should be handed out not seeming to fix the issue of contaminating the recycling.

Here is a list off of the OSS Recycling webpage for readers to have as a guide:

Paper & Cardboard

Flattened corrugated cardboard and paperboard (empty cereal boxes,

Protect your investments

- Retirement savings (RRSP)
- Tax-free savings (TFSA)
- Non-registered investments
- Guaranteed interest investments
- RRSP loan



Susan Bewcyk, PFP, FCSI
Financial Advisor

Investia Financial Services Inc.

3-117 Carl Avenue E.
Langenburg, SK S0A 2A0

306-743-9905

susan.bewcyk@investia.ca

investia.ca



Investia Financial Services Inc. is a wholly-owned subsidiary of Industrial Alliance Insurance and Financial Services Inc., a life and health insurance company which operates under the trade name IA Financial Group.

Mutual fund values change frequently and are not guaranteed. Past results are not an indicator of future performance. Mutual fund securities are not covered by the Canada Deposit Insurance Corporation (CDIC) or any other government deposit insurer. Please read the fund prospectus carefully and seek professional advice before investing. Commissions, trailing commissions, management fees and expenses may be associated with mutual fund investments. There can be no assurances that the full amount of your investment in the fund will be returned to you.

INVESTED IN YOU.

Soft drink and beer cans, Foil trays and pie plates, Household tin cans (please rinse)

Plastic

Containers with logo 1-7-No plastic food containers labelled #1, Plastic drink bottles, Aseptic Packaging & Cartons, Juice and milk cartons, milk jugs, tetra-pak containers, pouches.

Glass (Manitoba Only)

Household bottles and jars (please rinse)

Non-Allowable Materials

Household garbage, organics, or hazardous waste, Waxed, plasticized or food contaminated paper, cardboard cups or plastic plates, Soiled tissues, napkins and paper towels, Confetti shredded paper, Styrofoam

On Feb 5th Sask power installed a smart meter. I never really thought much of it, until I was starting to feel like my arthritis was acting up and I was not sleeping well. I was not until later that I thought later about a article that I had about the smart meter and what it can do to your health. I called Sask power and told them to remove the meter. it took alot of convincing they did remove it and I was surprised. Now I got back to my old self it took about two weeks and I was back to the way I was before they installed the meter this is no bullshit

