

Age Friendly Checklist

1. Outdoor Spaces and City Buildings

- ❑ Outdoor Spaces
 - Adequate public green spaces are maintained, clean and safe.
 - Benches or seating are available along sidewalks, paths and trails.
 - Sidewalks are wide, well maintained, and have dropped marked curbs to road level.
 - Sidewalks and public walkways are clear of snow and ice.
 - Adequate pedestrian crossings are accessible.
 - Both pedestrian and cycle paths are available.
 - Public accessible toilets are available.
 - Safety is promoted in outdoor spaces.
- ❑ City Buildings
 - Buildings include accessible components.
 - Public accessible toilets are available.
 - Parking and drop-off areas are safe, sufficient in number and conveniently located.
 - Priority parking and drop-off spots for people experiencing barriers to mobility are available.

2. Transportation

- ❑ Public Transportation
 - Public transportation costs are consistent and affordable.
 - Public transportation is reliable and frequent, including at night, weekends and holidays.
 - Public transportation routes have good connections and well-marked routes which include all City services and health centres.
 - Public transportation stops are conveniently located, clean, sheltered, and accessible.
 - Public transportation vehicles are clean, well maintained, accessible, have priority seating, and an adequate number of seats.
 - Public transportation vehicles stop at all locations and allow adequate time for embarking and disembarking.
 - Specialized transportation is available for people experiencing a disability.
- ❑ Roadways
 - Traffic flow is well regulated.
 - Roads are well maintained, with covered drains and good lighting.
 - Roadways are free of obstructions that block drivers' vision.
 - Traffic signs and intersections are visible and well placed.

3. Housing

- Sufficient, affordable housing is available in areas that are safe and close to services and the rest of the community.
- Sufficient and affordable home maintenance and support services are available.
- Housing is well constructed and provides safe and comfortable shelter from the weather.
- Interior spaces and level surfaces allow freedom of movement in all rooms and passageways.
- Home modification options and supplies are available and affordable, and providers understand the needs of older adults.
- Public and commercial rental housing is clean, well maintained and safe.
- Sufficient and affordable housing for older adults that experience disability, with appropriate services, is provided locally.
- Housing is located close to services
- Affordable supports are available to help older adults stay in their residences
- Affordable long-term care options are available
- Affordable services such as yard maintenance and snow clearing are available for older adults
- Information on financial assistance programs for home modification and maintenance is readily available to seniors

4. Social Participation

- Programming
 - Age-specific needs and preferences are considered when planning programs.
 - Programs are held at times convenient for older adults.
 - Programs can be attended alone or with a companion.
 - A variety of programs are offered to appeal to a diverse population of older adults.
 - Programming occurs in various accessible locations around the City.
- Cost
 - Activities are affordable to varying income levels.
 - Costs of programs and services are clearly defined.

5. Respect and Social Inclusion

- Consultation
 - Older adults have opportunity to provide input into City consultation.
- Marketing
 - Older adults are visible in and depicted positively without stereotype in marketing materials.
- Outreach
 - Programming options include older adults at risk of social isolation.
- City Staff Interactions
 - Service staff are courteous and helpful.

6. Civic Participation and Employment

- ❑ Volunteer Opportunities
 - Older adults have opportunity to provide input into City consultation.
- ❑ Employment
 - Older adults are not discriminated against during the hiring, retention, promotion, and training of employees.
 - Workplaces are adapted to meet the needs of workers.

7. Communication and Information

- ❑ Communication Systems
 - Communication systems provide consistent messaging in multiple mediums (written and oral).
 - Customer service support is available in person or via telephone.
 - Communications are shared with partner organizations to assist with distribution.
 - Communication is user friendly, clear, and simple.
 - Where appropriate, information is shared about community events and activities.

8. Community Support and Health Services

- ❑ Community Health
 - Opportunities are available for community health initiatives to be supported.
 - Where appropriate, information is shared about health and social services.
- ❑ City Planning
 - Sufficient space is allocated for burial sites. Access to burial sites is accessible.
 - Emergency planning includes considerations for older adults.
 - Communities have access to basic services that are situated together.