

Letter of Support for Councillor Lori Bresciani and Councillor Terina Shaw's Notice of Motion

Mayor Masters and Members of Council,

We are Jim and Jeannette Vogel and are writing to strenuously support the Motion being put forward by Councillors Bresciani and Shaw.

Our daughter is 25 years old with an intellectual disability. She is mobile, has no physical limitations and is very social.

We are uncertain what programs are offered through the city at this point, when we have looked into it in the past we have found very few options.

Specific programs are needed that would address physical and mental disabilities and improve the quality of life of these individuals.

Implementing a healthy and balanced lifestyle is good for everyone especially for those with disabilities. Inclusion and modified recreation programs would assist them in their physical and mental development.

Our daughter and many of her friends and peers would benefit from such activities to increase their sense of belonging in the community and build life long lasting relationships.

They tend to be more socially isolated than others and historically have had less programming available,

It is our hope that programming can be expanded to include young adults with intellectual disabilities as well as more accessible transportation to and from events.

We are pleased that steps are being taken and that this issue is being considered by city council.

Thank you for your time,

Jim and Jeannette Vogel