

Appendix I

Community-Related Education or Youth Programs

Direct programming:

The City of Regina, Community Well-Being & Inclusion Unit directly operates a range of children and youth-directed programs, including the PlayEscapes Summer Program, MyTime, and Rec YQR After-School program:

- PlayEscapes is an inclusive, free summer program offered by the City of Regina for elementary school aged children/youth. The program offers leader-facilitated play opportunities that promote physical activity, develop creativity and imagination, and build life skills and positive self-image.
- Recreate YQR is an inclusive, free after school program for children and youth from grade K-8. Participants can play, learn, and keep active in an environment that develops and fosters creativity and positive self-image.
- MyTime is designed to create fun group activities for youth of all abilities, including games, swimming, and guest instructors.

Indirect programming:

Through the Community Investment Grant Program, the City of Regina allocates just over one million dollars to Social Development organizations on a yearly basis to support them in the delivery of accessible and inclusive programs and services. This includes non-profit organizations that support vulnerable youth, such as RT/SIS, Circle Project, Rainbow Youth Centre, Street Culture Project, UR Pride, and the Growing Young Movers Program.

The City of Regina also has a program partnership with the Growing Young Movers (G.Y.M.) Program, where G.Y.M. operates the after-school programming space at the māmawêyatitân centre through an approach that is very unique to our community

- The G.Y.M. approach sees Scott Collegiate students engaged in a leadership pathway. Students within this pathway are together in class each afternoon and then transition to working within the established G.Y.M. after-school wellness programs at the māmawêyatitân centre. The skills gained in the classroom will be utilized in the programs and vice versa. The Indigenous youth mentors work as part of the G.Y.M. facilitation team providing after-school programming for North Central youth centered around physical activity, recreation, culture, and positive youth development. The mentors receive classroom credit, training, certificates, and are employed (by G.Y.M.) to deliver these after-school programs. When youth are in their grade 12 year, they are provided with extra opportunities to work alongside City of Regina staff in our PlayEscapes Program, further building their knowledge, skills, and abilities. Once completed grade 12, youth are provided with an opportunity to interview with the City of Regina. If hired, the youth would have the opportunity to work casual recreation positions, including our after-school and summer programs. This partnership continues to evolve, and is changing the way we think about after-school recreation spaces. We are actively exploring other ways to grow the reach throughout the City.