

# YOUTH ADVISORY COMMITTEE

Tuesday, July 10, 2012 5:30 PM

Larry Schneider Board Room Main Floor, City Hall

# Office of the City Clerk

# Public Agenda Youth Advisory Committee Tuesday, July 10, 2012

# **Approval of Public Agenda**

Minutes of the meeting held on March 6 and April 4, 2012.

# Communication

YAC12-4 YAC12-4 OCP 301 Presentation

# Recommendation

That this communication be received and filed.

# **Administration's Report**

YAC12-5 YAC12-5 2012 Youth Forum - Extreme Youth on the Move

**Evaluation Report** 

# Recommendation

That this report be forwarded to the Community and Protective Services Committee and City Council for information.

#### Communication

# Recommendation

That this communication be received and filed.

# Adjournment

# AT REGINA, SASKATCHEWAN, MARCH 6, 2012

#### AT A MEETING OF THE YOUTH ADVISORY COMMITTEE

#### HELD IN PUBLIC SESSION

AT 5:30 P.M.

Present: Nathan Leitner, in the Chair

and Councillor Sharron Bryce

Claudia Keyes, Scott Findura, Vlad Melnikov, Julia Peng,

Annie Robertson and Brayden Tang

Regrets: Mayor Pat Fiacco

Elle Grzeda and Faith Mbugua,

Also in Committee Assistant, Mavis Torres Attendance: Community Consultant, Peggy Chorney

# APPROVAL OF OPEN AGENDA

Brayden Tang moved, AND IT WAS RESOLVED, that the open agenda be approved, as submitted.

# **ADOPTION OF MINUTES**

Julia Peng, moved, AND IT WAS RESOLVED, that the minutes of the meeting held on January 10, 2012 be adopted, as circulated.

YAC12-2 Review of 2011/2012 Work Plan

A communication dated March 6, 2012 from the Secretary read as follows:

Attached to this communication is an update to the Youth Advisory Committee on the progress relating to the Work Plan. The purpose of this communication is to facilitate the review of the progress report and provide an opportunity for further discussion, if required.

Scott Findura moved, AND IT WAS RESOLVED, that this report be received and filed.

# **ADJOURNMENT**

Brayden Tang moved, AND IT WAS RESOLVED, that the meeting adjourn.

The meeting adjourned at 6:30 p.m.

Coordony

Secretary

The minutes are prepared and signed by the Committee Secretary and considered to be a draft rendering of the official minutes. Minutes are not official until approved by Committee.

# AT REGINA, SASKATCHEWAN, APRIL 4, 2012

# AT A SPECIAL MEETING OF THE YOUTH ADVISORY COMMITTEE

#### HELD IN PUBLIC SESSION

AT 4:00 P.M.

Present: Annie Robertson, in the Chair

Elle Grzeda, Emma-Jane Knight, Scott Findura Vlad Melnikov, Natalia Smith and Brayden Tang

Regrets: Mayor Pat Fiacco and Councillor Sharron Bryce

Claudia Keyes, Faith Mbugua and Julia Peng

Also in Committee Assistant, Mavis Torres
Attendance: Community Consultant, Peggy Chorney

# APPROVAL OF OPEN AGENDA

Elle Grzeda moved, AND IT WAS RESOLVED, that the open agenda be approved, as submitted.

YAC12-3 2012 Youth Forum – Extreme Youth On the Move

# **RECOMMENDATION**

- 1. That the Community and Protective Services Committee endorse the 2012 Youth Forum theme of "Extreme Youth On the Move" as outlined in the body of this report.
- 2. That this report be forwarded to City Council for information.

Elle Grzeda moved, AND IT WAS RESOLVED, that the recommendation contained in the report be concurred in.

# **ADJOURNMENT**

Natalia Smith moved, AND IT WAS RESOLVED, that the meeting adjourn.

The meeting adjourned at 5:00 p.m.

Secretary

The minutes are prepared and signed by the Committee Secretary and considered to be a draft rendering of the official minutes. Minutes are not official until approved by Committee.



**YAC12-4** 

# Memo

July 10, 2012

To: Members,

Youth Advisory Committees

Re: OCP 301 Presentation

The process to develop a new Official Community Plan (OCP) is well underway. Design Regina will replace the current OCP and will be the city's plan for guiding growth, development and change for the next 25 years. As such, the Plan will provide a city-wide policy framework that guides decisions on investments, services and actions.

The Administration will be making an OCP 301 presentation to the committee to provide an overview of the public engagement that occurred over the past year and the resulting Community Priorities. You be introduced to the next steps of the OCP process as well as the Transportation Master Plan which is being developed alongside the OCP.

Sincerely,

For/ Kim Sare, Project Manager Official Community Plan Project



July 10, 2012

To: Members,

Youth Advisory Committee

Re: 2012 Youth Forum – Extreme Youth on the Move Evaluation Report

# RECOMMENDATION

That this report be forwarded to the Community and Protective Services Committee and City Council for information.

# **CONCLUSION**

The Youth Advisory Committee's (YAC) first annual forum was held on May 5, 2012. The forum "Extreme Youth on the Move" focussed on sport and recreation and promoted positive lifestyle choices for children and youth over age six. The event attracted 122 children and youth from across Regina. The results of the evaluation indicate that the forum was a success. The YAC will use their learning from the forum to provide advice on youth issues to Council and to plan for next year's forum.

# BACKGROUND

The YAC Terms of Reference require the YAC and Administration to hold a minimum of one youth forum per year to discuss policies, programs and services related to youth. This report provides an overview and evaluation of the 2012 forum.

# **DISCUSSION**

The first annual YAC forum "Extreme Youth on the Move" was a highly popular and successful event. There was a lot of energy and excitement as 122 children and youth attended the YAC's forum on May 5 at the North West Leisure Centre. The forum offered 30 minute sport and recreation "try it" sessions for participants age six and up. Activities included a special visit with Saskatchewan Roughrider Chris McKenzie, lacrosse, spin, swimming, basketball, yoga, Zumba, kite-making and soccer.

Prior to the event date, a great deal of time and energy was spent on promoting the 2012 forum. YAC members attended school presentations and circulated event posters within their communities to promote the YAC and the event. The Administration followed up with youth serving organizations and schools to engage and encourage children and youth to take advantage of this opportunity. Posters and brochures were posted in City leisure facilities, on the City's website, Facebook and Twitter account.

The YAC played a key role at this event as group leaders and positive role models exhibiting positive behaviour and attitudes. The formal component of this event was emceed by a YAC committee member who did a spectacular job of engaging the youth and introducing speakers, including Councillor Sharon Bryce and Chris McKenzie.

Numerous organizations supported this event by promoting and registering children and youth.

These included: Rainbow Youth, Regina Open Door Society, Regina Special Olympics, Community School Coordinators, Ranch Ehrlo, and the Al Ritchie Community Association. A combination of external and internal partners assisted in making this forum a success by providing sponsorship.

The City's internal working committee assisted the YAC with developing the evaluation tool to capture the general impressions and thoughts of participants within each age category. Among the results were:

- 85% of participants gauged this event as "awesome"
- 90% reported that they would like to do this again. In fact, a few participants requested the event be offered again the following week!
- Although there was a difference in opinion between which activity was the most and least popular, there is resounding evidence that indeed this event was unique, appealing and something that participants would like to do again.
- The City's internal working committee was so impressed with the YAC's forum and the response of the participants that they are committed to hosting a similar event for International Youth Week in 2013.

The YAC met in early June to evaluate the forum based upon their personal experience and participant feedback. There was consensus that the event was a lot more work than what they had originally thought but that it was a very rewarding experience. The YAC was pleased with the representation of a diverse group of children and youth and with the sheer number in attendance. A few of the members expressed an interest in gaining some additional training in behaviour management and child and youth leadership so that they could be better prepared to lead their next forum in 2013. Overall, the YAC believes the Extreme Youth on the Move was a great success and members are excited to plan the 2013 forum. The theme of the 2013 forum has not yet been determined, but the YAC will be seeking a different topic so that they can broaden their knowledge and experience.

The enthusiasm and commitment of the YAC made the 2012 forum a success. One parent noted that he had expected this to be a good event, but after observation and discussion with his child, the event exceeded all expectations! Other comments included:

"My daughter and her friend had a wonderful time on Saturday. Thank you very much for organizing this event."

"I just wanted to thank you for Saturday's event. My daughter had a fantastic time and was showing us all her yoga moves and telling us about Zumba. We will definitely be watching for this event next year (including my older daughter)." "I just wanted to drop you all a quick note and say how much my daughter and her friends enjoyed the afternoon on Saturday. I got calls from two moms thanking me for letting them know about the event as they too had great feedback from their kids. I can't image how much work it took to pull the event off, but please know that it was a lot of fun for the kids and that the parents were very grateful for a healthy, fun opportunity for their kids. Kudos to all of you."

In summary, the forum provided awareness around the importance of making healthy lifestyle choices by providing accessible and barrier-free sport and recreation activities. The YAC was able to accomplish this as well as provide an event appealing to a diverse age and stage of children and youth. The event was representative of the rich diversity within Regina's community.

# RECOMMENDATION IMPLICATIONS

There are no implications associated with this report.

# **Environmental Implications**

There are no environmental implications associated with this report.

# **Strategic Implications**

The work of the YAC assists the City of Regina in achieving its vision. The YAC through the forum modelled and celebrated positive lifestyle choices that children and youth can make to be healthier, more active youth citizens of Regina.

# Other Implications

There are no other implications associated with this report.

# **Accessibility Implications**

Forum activities are accessible and provide for diversity in interest, skill, ability, age, gender, culture and financial status.

# **COMMUNICATIONS**

There are no communication implications associated with this report.

# **DELEGATED AUTHORITY**

The YAC reports to the Community and Protective Services Committee.

Respectfully submitted,

Janua Salamon C. Holden

Janice Solomon

Coordinator, Social development

Chris Holden,

Director, Community Services

Respectfully submitted,

July 10, 2012

To: Members,

Youth Advisory Committee

Re: Review of 2011/2012 Work Plan

Attached to this communication is an update to the Youth Advisory Committee on the progress relating to the Work Plan. The purpose of this communication is to facilitate the review of the progress report and provide an opportunity for further discussion, if required.

Respectfully submitted,

Mavis Torres, Secretary Youth Advisory Committee

# Youth Advisory Committee 2011/2012 Work Plan

Doliverable	Action R		esources   Participate/   Rudget   Start/	Rudoet	Start/	Progress Undate
(What)	(How)	(Who)	Lead	o	Complete	
					Date (When)	
1. Provide	Review current	All	Lead		Immediately	A sub-committee of the
recommendations on	material available on	Committee			until the end of	Regina YAC has been
Calgary Youth	this model and	Members			2012	formed to research, review
Advisory Council	conduct research with	(Admin to				and present information on
Model.	regards to what may	coordinate				the Calgary YAC
	work in Regina. This	ınıtıal				In February, 2012.
	could include the	categories for				Contact information has
	membersnip size,	review)				been obtained from:
	partnerships, and					- Calgary's Mayor's Youth
	developing youth					Council (MYC)
	focused videos and					- Aboriginal Youth Council
	advertisement.					of Calgary
						- Calgary Youth Foundation
						- Caloary "Youth Are
						Amogomoli Drogram
						Awesome riogiann
						- Calgary Youth Central
						- Calgary Youth Week
						- Calgary Youth Awards
						Follow-up with contacts in
						all of these areas will be
						done by the end of January
						2012
						A report of what has been
						found out from each of
						these Calgary committees
						and programs will be
						presented to the YAC in
						February, 2012.
						In progress

2. Plan and Hold a	Develop a survey tool	All	Lead the	TBD	Survey tool	A working group of the
Youth Forum	and survey process.	Committee	survey		May 17	Regina YAC has been
	Gather information	Members/	process		Forum Topic	formed to begin planning a
	and determine focus	Administratio	facilitated by		chosen by June	Youth Forum.
	of the forum theme.	n and local	Admin.		30	
		youth	Admin will			The survey tool was
			lead forum			finished in May.
			planning with			
			the assistance			YAC members took the
			of the			survey out to schools & the
			committee			responses were put together
						in June.
						The Forum topic and
						location has been chosen.
						A report will be forwarded
						to the main committee in
						2012.
						,
						Forum was held on May 5,
3. Provide	-Presentation from	All members/	Participate		2012 Ongoing	Will need to be looked at in
recommendations on	Communications on	Administratio	ı			2012.
Communicating with	social media	n				
Youth.	-Presentation from					In progress
	program specialists					
	-Develop slogan to					
	use with social media					
	-identify ways of					
	communicating with					
	and engaging youth.					