

Concern RE Body Rub Parlors Increasing Spread of Sexually Transmitted Disease

My name is Marilyn Degelman I was a Registered Nurse, I worked 32 yrs full time 42 yrs in total. I will relay to you statistics and signs and symptyoms of STIs.

The statistics are from formers years but this is the lastest data available .

An alert was sent out to Saskatchewan Drs Jan.8,2017 from the Saskatchewan Ministry of Health regarding the increased rates of sexually transmitted diseases.

Saskatchewan's rates are high compared to the rest of Canada.

- Syphilis was 2.7%higher in 2016 from 2015 for the same period*
- Gonorrohea increased substansially in 2016 , 39% increase from 2015*
- 60 cases of syphilis up from 22 for the same time period 2015 to 2016*
- 1087 cases of gonorrhea up from 779 for the same time period 2015-2016*

The concern with gonorrhea is that now there is a resistant strain of gonorrhea in Saskatchewan. The gonorrhea rate nationally was 36.2/ 100,00 but in Saskatchewan was 93.6/100,000. Saskatchewan rates are also high compared to the rest of Canada.

In 2012 the Public Health Agency of Canada statistics were

- Chlamydia cases were 298.7 /100,000 but in Saskatchewan were 526/100,000. Between 1998 and 2015 chlamydia the most common sexually transmitted infection rose 39,372 to 116,499 annual cases.*

From the most recent Health Status Report chlamydia is most common STI transmitted orally, anal & vaginally frequently asymptomatic but causes pelvic inflammatory disease, ectopic pregnancy and infertility in females. At birth mother baby transmission may cause conjunctivitis and pneumonia in newborns. Another chlamydia infection lymphogranuloma venerum can be complex & severe, causing swollen lymph nodes, fever, muscular pain and general ill health.

- Gonorrhea rates increased 5,076 to 19,845. Every time a new antibiotic is introduced to treat gonorrhea it mutates and developes a resistance.*

Symptoms of gonorrhea are increase vaginal discharge, painful urination, vaginal bleeding between periods such as after intercourse, painful intercourse and abdominal or pelvic pain. Untreated gonorrhea can cause serious permanent health problems for both men and women, can spread to the uterus and fallopian tubes causing pelvic inflammatory disease and it can

also spread to the blood called Arthritis-Dermatitis Syndrome which can cause joint pain and/or skin lesions.

- *Syphilis cases rose from 501(late 90's) to 4551(2015) Syphilis is highly contagious*
Stage One: is a chancre – a painless ulcer which will go away

Not treated is Stage two:

- *#1 sore throat*
- *#2 fever*
- *#3 headaches*
- *#4 swollen glands*
- *#5 muscle aches*
- *#6 wart like patches around skin fold or genitals*
- *#7 loss of appetite*
- *#8 Extreme fatigue*

Stage Three: often irreversible –for full recovery is to catch it early

- *#1 difficulty coordinating muscle movements*
- *#2 paralysis*
- *#3 numbness*
- *#4 gradual blindness*
- *#5 dementia*

It is a legal obligation to disclose a sexually transmitted infection. There has been an increase among all age groups and the consequences of not getting tested can be significant – not all people are getting tested. Body rub parlors are another mode of transmitting sexually transmitted infections which brings embarrassment, shame, anger or depression that can ruin relationships and marriages.

CONCLUSION: *With this information, No body rub parlors in Regina.*