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**City of Regina proposed zoning bylaw - impacting CrossFit Regina**

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**Alysen BarronWright**

Sun, Jun 9, 2019 at 11:31 AM

To Whom It May Concern:

I am writing in regard to the proposed bylaw to prohibit recreation facilities from operating in industrial areas. I have been a member of the Crossfit community for over six years. I have witnessed in both myself and others the benefits - mental, physical, social - that such a community confers to its members. I have witnessed individuals of every age and physical ability challenge themselves, experience a sense of accomplishment, and forge new friendships at the gym. Many of the unique attributes of a Crossfit gym - i.e., the high ceilings for rope climbing, the option to run outdoors, the large space - rely on the ability to operate in an industrial zone. This bylaw seriously threatens Crossfit Regina's ability to operate in the future. Even if an alternative venue is found, the increased cost (which would in turn increase membership fees) may be financially prohibitive to some members. While alternative recreation facilities exist, the unique atmosphere of a Crossfit gym has personally made me return year after year, and I'm certain others can say the same. The benefits of physical activity have been shown time and time again, therefore I highly urge you not to pass this shortsighted bylaw.

Sincerely,  
Alysen BarronWright  
Regina, SK  
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