

4to40 Travel Training Service	
Regina City Council Meeting, Wednesday, May 4, 2022	
Request: to provide information regarding the existing Travel Training service and support its proposed expansion (i.e. continuing with existing service -- related to paratransit use- - while expanding the service to potential conventional transit users, including seniors and newcomers, youth, etc., increasing regular ridership and options for travel (as per the Regina Master Plan, p. 35).	
Spokespersons:	Michael Lavis –Creative Options Regina (COR)
	Faith Savarese – Campus For All (CFA)
	University of Regina
Summary of Presentation	
What is 4to40? 4to40 is an initiative to connect people experiencing intellectual disability with forward thinking employers who embrace a flexible 4 to 40 hour work week. 4to40 is also a collaborative partnership between Creative Options Regina (COR) and the University of Regina’s Campus For All. COR is a non-profit organization that develops personalized support services for people experiencing disability, while Campus for All is an inclusive post-secondary education initiative at the University of Regina.	
What is the Travel Training Service: Travel training started as a pilot project to provide practical skills and guidance to people who are unfamiliar with using conventional City of Regina transit. It was originally aimed at assisting people experiencing disability who were frequent users of Paratransit. The purpose was not to totally eliminate users from Paratransit, but to promote the idea that “not every trip needs to be a Paratransit trip”. A unique feature of the project was that individuals with intellectual disabilities were hired as trainers or transit ambassadors.	
Success Encountered: Met/ or exceeded Regina Transit targets. (See also Benefits)	
Demand for Service: The program was in high demand necessitating a wait-list until COVID 19 halted the program in March 2020.	
Benefits:	
For Trainee: Using conventional transit gives individuals more freedom and independence, confidence and access to events and services. It also creates a greater sense of community, increases ridership and reduces costs.	
For Trainers: Employment is one of the most strongly valued social roles in our society. The trainers were provided with meaningful, paid employment in a valued and visible role with a valued employer. Aside from the tangible benefit of being paid, trainers reported improved self-esteem and a sense of belonging and community.	