

# YOUTH ADVISORY COMMITTEE

Tuesday, January 14, 2014 5:30 PM

Larry Schneider Board Room, Main Floor, City Hall



#### Revised Public Agenda Youth Advisory Committee Tuesday, January 14, 2014

#### Appointment of Chairperson and Vice-Chairperson

#### Approval of Public Agenda

Minutes of the meeting held on November 19, 2013,

#### Communication

YAC14-1 Peggy Chorney: Take the Lead! Initiative "Energize" Celebration -March 26, 2014 - Dallas Valley Ranch Camp

#### Administration Reports

YAC13-2 2013 Youth Forum - i's Open Evaluation Report

#### **Recommendation**

That this report be forwarded to the Community and Protective Services Committee and City Council for information.

#### **Chairperson's Report**

YAC14-3 2013 Youth Advisory Committee Annual Report

#### **Recommendation**

That this report be forwarded to the Community & Protective Services Committee for information.

#### **City Clerk's Report**

YAC14-4 Consideration of Meeting Dates and Times for 2014

#### **Recommendation**

1. That the 2014 meetings of the Youth Advisory Committee be held at 5:30 p.m. on the following dates:

January 14 (previously	August 5
approved)	
March 11	October 21
May 13	December 2

2. That for 2015, the first meeting of the Youth Advisory Committee be held on Tuesday, January 13, at 5:30 p.m.



#### **Other Communication**

YAC14-5 2014 Saskatchewan Urban Municipalities Association

#### **Recommendation**

That this communication be received and filed.

### Adjournment

#### AT REGINA, SASKATCHEWAN, TUESDAY, NOVEMBER 19, 2013

#### AT A MEETING OF THE YOUTH ADVISORY COMMITTEE HELD IN PUBLIC SESSION

#### AT 5:30 PM

## These are considered a draft rendering of the official minutes. Official minutes can be obtained through the Office of the City Clerk once approved.

Present: Conrad Hewitt, in the Chair Mayor Michael Fougere Councillor Sharron Bryce Scott Findura Emma Knight Charity Mbugua Faith Mbugua Natalia Smith

Also inCommittee Assistant, Mavis TorresAttendance:Community Consultant, Social Development, Dave Slater

#### APPROVAL OF PUBLIC AGENDA

Natalia Smith moved, AND IT WAS RESOLVED, that the agenda for this meeting be approved, as submitted.

#### **ADOPTION OF MINUTES**

Natalia Smith moved, AND IT WAS RESOLVED, that the minutes for the meeting held on July 9, 2013 be adopted, as circulated.

#### **COMMUNICATIONS**

YAC13-8 Community Food System Steering Committee

#### **Recommendation**

That this communication be received and filed.

Natalia Smith moved, AND IT WAS RESOLVED, that this communication be received and filed.

YAC13-9 2013 i's Open Volunteer Fair

#### **Recommendation**

That this communication be received and filed.

Faith Mbugua moved, AND IT WAS RESOLVED, that this communication be received and filed.

YAC13-10 2013 Annual Report Planning

**<u>Recommendation</u>** That this communication be received and filed.

#### Faith Mbugua moved, AND IT WAS RESOLVED, that this communication be received and filed.

#### **ADJOURNMENT**

#### Scott Findura moved, AND IT WAS RESOLVED, that the meeting adjourn.

The meeting adjourned at 6:15 p.m.

Chairperson

Secretary

YAC14-1

January 14, 2014

Members,

Youth Advisory Committee

#### **<u>RE:</u>** Take the Lead! Initiative "Energize" Celebration - March 26, 2014 - Dallas Valley <u>Ranch Camp</u>

Background Information: What is Take the Lead!

Take the Lead is a Saskatchewan Parks and Recreation program which focuses upon leadership skill development and increased physical activity and healthy lifestyle choices for children and youth. The program promotes physical activity, healthy food choices, positive mental health, safe and active play, responsibility and respect for others and property while developing leadership and ultimately life skills.

It provides opportunities for youth to take responsibility for making positive contributions to their school and community and to make more positive personal choices and be a positive role model in their community.

"Energize"

A number of elementary schools have accepted the challenge to Take the Lead! and are now offering this initiative in their schools and communities! Regina Qu'Appelle Health Region along with partners including SPRA, City of Regina, Saskatchewan In Motion and South East Connection are excited to host the first ever mid-season celebration, "Energize" on Wednesday, March 26, 2014 at Dallas Valley Ranch Camp.

We are planning to invite the grade 5, 6 and 7 classes who have taken this training the opportunity to spend a day where we will celebrate their success as well as learn new activities that they can take back and implement in their schools. Our high energy day will consist of special guests, exciting and interactive break-out sessions, healthy delicious food, and a time to learn from each other by sharing ideas!

Please join us!

We would like to invite the City of Regina Youth Advisory Committee to join us as we plan this youth engagement, high energy event! We are seeking input and help to establish session topics, find facilitators to offer the sessions, assist us in contacting the schools/students and getting them "energized" for this incredible event, as well as the overall operation of the day's scheduled events.

For more information please contact:

Peggy Chorney

Health Educator, Health Promotion, RQHR

Peggy.chorney@rqhealth.ca

306-766-6328

"Energize"

Event Goals:

Take the Lead! youth and adults who are mentoring the youth in this initiative are:"

\*re-energized and motivated by the new activities that are showcased at this event and are able to use these ideas in their schools and communities

\*able to celebrate their success with this initiative and be recognized as a positive role models and leaders in a fun and positive way!

\*opportunity to share successes and work through problems with other participants. (This will provide a learning opportunity as well as equip participants with new ideas and solutions for their schools and communities.)

\*strengthen the relationship between the youth and the caring adult/adult coach building a stronger team and in turn, stronger program initiative

\*showcase a youth leadership opportunity that teaches youth to be positive leaders and role models through healthy lifestyle choices with the help and guidance of a caring adult(s)/adult coach.

b. As an organization, what do you want to achieve by being involved?

\*support physical activity

\*support youth engagement and leadership

\*support positive healthy lifestyle choices

\*strengthen and support the Take the Lead! Initiative

\*foster play at recess, before and after school as well as play in our homes and communities

c. Who is our target audience?

Youth who are currently offering Take the Lead! at the schools or communities

The adult coaches s who are supporting the Take the Lead sites (schools, community sites)

Participants fall within the RQHR geographical boundaries.

d. How will we define success? (Survey: one month after event?)

\*youth and their adult coaches report that the event gave them a new energy and excitement to continue in this initiative

\*sites report that a minimum of one the activities introduced at this event are being implemented into their program plan.

\*youth and the adult coaches report feeling that their leadership and involvement in

this initiative has been acknowledged and appreciated.

\*Problems have been solved and new ideas have been implemented into each Take

the Lead! site

\* New program ideas and commitment is reported by both leaders and adult coaches

\*Additional schools/sites will see this initiative as something of value and will request

the Take the Lead! Initiative at their site

Event Timeline:

Actual event to begin at 9:30 am until 3 pm (allowing travel time for buses to transport youth to and from their schools)

#### To: Members, Youth Advisory Committee

#### Re: 2013 Youth Forum - i's Open Evaluation Report

#### RECOMMENDATION

That this report be forwarded to the Community and Protective Services Committee and City Council for information.

#### CONCLUSION

The 2013 Youth Advisory Forum, 'i's Open', was an opportunity to educate the youth of Regina on the varying volunteer opportunities available in our city. Further to this, it was an opportunity to empower youth by creating an event that offers opportunities to network with a wide variety of community organizations and agencies seeking volunteers. Approximately two hundred and ten youth attended the 'i's Open' forum October 23, 2013. Feedback was gathered through face to face interviews, and paper surveys that were distributed throughout the afternoon of the forum. The results of the evaluations indicate that the forum was a success, as 92% stated that the forum has made them consider volunteering with an organization. The information that was gathered will assist the Youth Advisory Committee (YAC) in the planning of next year's forum.

#### BACKGROUND

The YAC terms of reference require that in conjunction with City administration, the YAC hold a yearly forum to discuss policies, programs, and services related to youth. This report provides an overview and evaluation of the 2013 'i's Open' youth forum.

#### DISCUSSION

Building off the success of the 2012 youth forum, 'Extreme Youth on the Move,' the YAC challenged itself to create a new theme that would broaden not only the committee's knowledge and experience, but also target a slightly different age and demographic of Regina youth. The 2012 forum focused on sport, recreation, and positive lifestyle choices for youth. The 2013 forum looked to educate youth on the varying volunteer opportunities in Regina. Specific focus was on engaging and empowering youth by creating an environment that hosted a wide range of volunteer organizations seeking volunteers.

Plans for this event began in early 2013 when members challenged themselves to create an event different from previous years, with the hope of broadening the reach for the event. Although members had already unanimously decided on volunteerism as the theme, finding a relevant venue would be equally important and challenging in ensuring success of the 2013 forum. Early venue options included neighbourhood centres, major facilities, local businesses, SIAST and the University of Regina. Members also unanimously agreed that the University would offer greater potential, as it would further eliminate barriers to attendance by offering an accessible location. Further to this, it was also evident that the majority of the population of the University was youth, making this venue option even more beneficial. Conversations with the University of Regina's Career Centre on a potential collaborative partnership for the event began in late winter.

The 2013 Youth Forum, 'i's Open', took place on October 23, 2013 at the University of Regina. The event was collectively hosted by the YAC, City of Regina, and the University of Regina's Career Centre. The 'i's Open' forum also undertook a trade show style event, displaying a wide variety community organizations throughout the gymnasium. Eighty organizations (Appendix A) attended the event with the goal to offer volunteering opportunities to the youth in attendance. Throughout the day, approximately two hundred and ten youth stopped in to the gymnasium. What made this event unique was the goal of specifically engaging the youth population, educating them on volunteering, volunteering opportunities, and the benefits to volunteering with a community organization. YAC members attended the event as leaders and positive role models, networking throughout the day with attendees and representatives of the community agencies and organizations.

The YAC played a very important and key role in identifying the variety of necessary components to make this event successful. The formal part of the event was emceed by the YAC Chairperson, Conrad Hewitt. Mr. Hewitt had the pleasure of welcoming individuals to the event, as well as introducing the guest speakers Mayor Michael Fougere and Councillor Sharron Bryce. Dr Tom Chase, Provost, represented the University of Regina. The final formal component was guest speaker, President and Chief Executive Officer of the Saskatchewan Roughriders, Jim Hopson. Mr. Hopson addressed the topic of volunteering, community impact, and the overall benefits of volunteering.

The YAC chose the name 'i's Open,' as it signified overall awareness in relation to volunteering, but more so the impact that youth can make by volunteering in the community. The 'i's Open' theme fostered three main objectives for the day:

- 1. Inform: The forum educated youth on the various volunteer opportunities by offering a wide range of organizations showcasing their work. Organizations brought posters, pamphlets, videos, and many other forms of educational resources in order to assist us with the success of this event.
- 2. Involve: The forum involved youth from Regina, as well as 80 community organizations.
- 3. Impact: The potential impact of this event was two fold; Volunteering as a result of this event may have been due to required hours needed for a particular class or stepping stone for professional development, or it may have been based on an internal desire to help or assist someone. The forum also made an impact on the agencies and organizations attending the event, as many sought out to fill vacant volunteer placements.

The main objective for this event was to make an impact in the community by offering education and opportunity. As mentioned, an evaluation was done by a handout questionnaire that asked the following questions to gage the impact of this event:

#### 1. Has this event made you consider volunteering with an organization?

Of the 30 questionnaires that were returned to the YAC, 92% stated that the event had encouraged them to consider volunteering with an organization. One individual had replied with a 'maybe,' and one individual replied with a 'no,' indicating that they had no interest in volunteering with any organization.

#### 2. If so, which organization?

A variety of answers were supplied for this question, including – Regina Humane Society, Ranch Ehrlo Society, Best Buddies, Open Door Society, Special Olympics, and North Central Family Centre to name a few.

Feedback from the organizations was also encouraged to further gather information regarding success, challenges, and of course ways to add to the development of this type of event. The following were some of the comments provided after the event:

-Thank you for the opportunity to have a display at the Volunteer Fair yesterday. We were able to find the exact volunteers we were looking for, and offer them placements that will enhance their career skills. In addition we met with many other organizations that may be potential partners in the future. I even signed up to volunteer myself, which I had been considering for a number of years. All in all a great event. We hope we can participate again next year.

-Great event. Your team should be commended. Thank you for allowing us to participate.

-We thank you for entering a new venture and look forward to others

-This was successful for our organization as we had more volunteers sign up than in previous years.

Leading up to this event, the YAC worked closely with the City of Regina communications staff to develop a variety of methods to advertise this event. Brochures and posters were distributed to over a hundred community organizations and agencies, as well as all the community associations, neighbourhood centres and major facilities. Further to this, ads for the event were displayed on the TV's throughout the University of Regina for weeks prior to the event. YAC members and City of Regina Administration also hosted a booth at the University of Regina's Career Day to help promote the work of the YAC and remind students of the 'i's Open' forum. In the weeks leading up to the event, YAC members accompanied representatives from the U of R Career Centre on a live interview on Regina's community radio to answer questions regarding volunteering and the October 23, 2013 forum. Members also took advantage of social networking for marketing purposes as they also advertised on Facebook.

In summary, the forum provided an atmosphere which fostered education and opportunity to bolster volunteerism. The YAC, City of Regina, the University of Regina's Career Centre and community based organizations came together to empower and engage the youth of Regina and campus community. The YAC was able to effectively accomplish their initial goals of informing, involving, and impacting, while engaging the youth and community organizations. The YAC and City of Regina have also developed a healthy partnership with the University of Regina Career Centre.

#### **RECOMMENDATION IMPLICATIONS**

#### **Financial Implications**

Funding for this forum was approved in the 2013 budget.

#### Environmental Implications

There are no environmental issues related to the content of this report.

#### Policy and/or Strategic Implications

The work of the YAC continues to assist the City of Regina in achieving its vision of becoming a sustainable, inclusive and vibrant community. By hosting this forum, the YAC effectively increased volunteer placements and training opportunities to enhance skills and resumes of youth in Regina.

#### Other Implications

There are no other implications related to this report.

#### Accessibility Implications

The YAC continue to assist the City of Regina in their vision of being an inclusive community by increasing equal access and opportunity.

#### COMMUNICATIONS

There are no communication implications associated with this report.

#### DELEGATED AUTHORITY

The disposition of this report is within Council's authority.

Respectfully submitted,

WJWesel

Respectfully submitted,

( Holden

Bill Ursel, A/Manager, Community Development Community Development, Recreation & Parks

Chris Holden, Director Community Development, Recreation & Parks

Report prepared by: David Slater, Community Consultant, Social Development

#### -Appendix A-

List of Organizations Registered As of August 14, 2013

North Central Community Association St. Johns Ambulance Schizophrenia Society AIDS Programs South Saskatchewan SEARCH - Regina Student Clinic **Canadian Blood Services** Saskatchewan Voice of People with Disabilities **Regina Transition House** Regina Sexual Assault Centre William Booth Special Care Home **Regina Little Theatre** Regina Immigrant Women Centre **Neil Squire Society** Saskatchewan Organization for Heritage Languages YWCA Big Sisters of Regina **Regina Humane Society** U of R Ambassadors **Randall Kinship Centre** Tetra Society of North America Regina Food Bank Phoenix Residential Society Carmichael Outreach Fruit for Thought **REACH** Regina Heart and Stroke Foundation Cosmopolitan Learning Centre **Planned Parenthood Regina Regina Public Library** 

#### YAC14-3

#### January 14, 2014

#### Members, Youth Advisory Committee

#### 2013 Youth Advisory Committee Annual Report

#### RECOMMENDATION

That this report be forwarded to the Community & Protective Services Committee for information.

#### BACKGROUND

#### Committee Structure Review and Work Plan

In 2012 during its November 19th meeting City Council directed the City Clerks office to undergo a structure review of all City committees. Due to uncertainty regarding the potential results of this review, the Youth Advisory Committee (YAC) was unable to draft a 2013 work plan. This process was further delayed by September's sewage plan referendum. The results of the committee structure review have not yet been made known to the YAC and as such we continue to operate without an official work plan. The YAC has instead drawn its direction and mandate from the committee's Terms of Reference in the short term, until such time as a new work plan may be developed.

#### 2013 Youth Forum

The YAC's single biggest achievement this year was the planning and execution of its second annual youth forum in accordance with the committee's Terms of Reference. This year's event (dubbed "i's Open") focused on the themes of the volunteerism and community involvement, and sought to meet three strategic goals:

- 1. Inform Regina youth of volunteer opportunities available in our community.
- 2. Involve young people and community organizations in an open dialogue about the benefits of volunteering.
- 3. Impact the community in a positive way by connecting youth with volunteer organizations.

This year's youth forum offered the YAC an exciting opportunity to partner with the University of Regina Career Centre in a collaborative effort to meet these mutual goals. The YAC's relationship with the U of R is ongoing, and we look forward to working with them on future projects.

Hundreds of students attended the tradeshow-style event at the U of R on October 23rd. Feedback from students and volunteer groups was overwhelmingly positive. A survey sample of 30 students indicated that 92% felt encouraged to volunteer with a community organization after attending the event. Multiple volunteer organizations in attendance informed the YAC that they experienced an increase in volunteer sign-ups in the weeks following the forum compared to previous years. Discussions of next year's youth forum theme are ongoing.

#### Presentations

Throughout the year the YAC received presentations on the following topics:

- City Studies and Planning Processes
- The City of Regina's Official Community Plan
- The Community Food System Steering Committee

These presentations gave YAC members the opportunity to ask questions, give input, and develop a better knowledge and understanding of current initiatives in Regina, both in and out of City Hall.

The YAC would like to thank all City staff and Council members for their tireless effort and service, and particularly for their support of the Youth Advisory Committee. We are all looking forward to achieving even bigger and better things next year.

Regards,

Conrad Hewitt, Chairperson Youth Advisory Committee

### YAC14-4

#### January 14, 2014

To: Members, Youth Advisory Committee

#### Re: Consideration of Meeting Dates and Times for 2014

#### **RECOMMENDATION**

1. That the 2014 meetings of the Youth Advisory Committee be held at 5:30 p.m. on the following dates:

January 14 (previously approved)	August 5
March 11	October 21
May 13	December 2

2. That for 2015, the first meeting of the Youth Advisory Committee be held on Tuesday, January 13, at 5:30 p.m.

#### **CONCLUSION**

The Committee should review the information contained within this report and confirm the proposed meeting dates for 2014.

#### BACKGROUND

City Council, at its meeting held on November 13, 2013, approved the meeting schedule for regular Council and Executive Committee meetings for 2014. This schedule is set each year in accordance with the provisions of *The Procedure Bylaw*, 9004. Committees of City Council are then asked to establish regular meeting dates and times at their first meeting of the year. The purpose of this report is to facilitate the establishment of 2014 regular meeting dates for the Youth Advisory Committee.

#### DISCUSSION

The Youth Advisory Committee should establish its regular meeting schedule for 2014, with the dates selected:

- to allow timely submission of reports to City Council or other committees
- to avoid conflict with other scheduled meetings, such as the Executive Committee
- to fit the schedules of Committee members

Based on the above and a review of the regular meeting dates of the Youth Advisory Committee held last year, it is proposed that regular meetings for 2014 be held on the following dates at 5:30 p.m.:

January 14 (previously approved)August 5March 11October 21May 13December 2

It is also proposed that the Youth Advisory Committee select a date for its first meeting in January 2015. Based on this year's meeting schedule, it is proposed the committee hold its first meeting of 2015 on Tuesday, January 13<sup>th</sup> at 5:00 p.m.

A calendar which lists the above dates and the approved meeting dates for City Council and the Executive Committee is attached as Appendix "A".

#### **RECOMMENDATION IMPLICATIONS**

**Financial Implications** 

None for this report.

**Environmental Implications** 

None for this report.

Strategic Implications

None for this report.

Other Implications

None for this report.

Accessibility Implications

None for this report.

#### **COMMUNICATIONS**

Once all the committees and boards have set their meeting dates for 2014, a calendar will be circulated which includes the meeting dates of City Council and all committees. This calendar will be provided to the local media and any other interested parties who request the information.

#### **DELEGATED AUTHORITY**

The Youth Advisory Committee has the authority to establish a meeting schedule.

Respectfully submitted,

Q Z

Jim Nicol, Chief Legislative Officer & City Clerk

Attachment

### REVISED 2014 COUNCIL AND COMMITTEE MEETINGS

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FOR FURTHER INFORMATION

CONTACT THE CITY CLERKS

OFFICE AT 306-777-7262

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### REVISED 2014 COUNCIL AND COMMITTEE MEETINGS

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Regina Appeal Board

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Regina Planning Commission (4:00 p.m.) CITY CLERKS PURPOSES ONLY								ONLY		
Accessibility Advisory Committee (5:30 p.m.) NOT AN OFFICIAL CITY CALENDER								,		

FOR FURTHER INFORMATION
CONTACT THE CITY CLERKS
OFFICE AT 306-777-7262

### **YAC14-5**

January 14, 014

To: Members, Youth Advisory Committee

Re: 2014 Saskatchewan Urban Municipalities Association

#### **RECOMMENDATION**

That this communication be received and filed.

#### BACKGROUND

Conrad Hewitt, member of the Youth Advisory Committee has requested that the subject of 2014 Saskatchewan Urban Municipalities Association be added to the agenda on January 14, 2014 to facilitate a discussion on this matter.

Respectfully submitted,

corres

Mavis Torres, Committee Assistant Youth Advisory Committee